## 30 day Consecration and Goals

In a demonstration of our Faith and to walk in the Spirit-man, beginning January 1, 2015, we will undertake a 30 day consecration enjoying the following foods and juices to renew our spirit, break soul ties, cleanse our temple, and prepare for greater glory to be revealed.

## THE CONSECRATION SACRIFICES TO PARTAKE OF EVERY DAY:

- 1. Plenty of fruits and vegetables
- 2. Plenty of juices (natural juices is the best sacrifice)
- 3. Cereal
- 4. Milk, cheese, butter, and margarine (no other dairy products such as ice cream)
- 5. Salads with dressings (you may use toppings for your salad, no meat toppings)
- 6. Eggs, dried beans, peanut butter, and jelly (small amount)
- 7. Grits, oatmeal, rice, potatoes, and French fries
- 8. Green Tea with ginger and honey (no sugar)
- 9. A small bagel with cream cheese (not more than 2 per day)
- 10. Try to drink at least 6 bottles of water per day for your cleansing

THE CONSECRATION SACRIFICES TO **NOT PARTAKE** OF EVERY DAY:

- 1. No meats of any kind
- 2. No sodas, No coffee
- 3. No desserts, No sweets, No junk food

THE CONSECRATION SACRIFICES INCLUDES THE FOLLOWING THINGS FOR SPIRITUAL GROWTH

- 1. A limit on social media
- 2. A limit of what our eye gates receive
- 3. A limit on what our ear gates receive
- 4. A limit on games

This Consecration is voluntary. It is not mandatory. However, it is the Pastor's desire to see the church as a whole unified in a common goal and purpose.

Please use the next sheet for your spiritual growth and edification. Each day has a goal and a scripture for your use.

Be guided by the Holy Spirit and whatsoever you do, do all to the glory and honour of God. Be consistent and stay focused.

Below are the daily GOALS to go after and to achieve in your life. Please read the Scriptures daily and grow thereby.

Day 1: Go on and lose (Any weight you desire to lose in these 30 days) Philippians 4:13 Day 2: Go on and live (Realize now is the time to see a harvest) Isaiah 7: 9b Day 3: Go on and learn (Don't let a lie hold you in bondage) John 8:32 Day 4: Go operate (in) Abundant living (It is given to you) John 10:10 Day 5: Go on and Leave (The past behind) Colossians 3:3 Day 6: Go overturn a lie (It's a mandate to put all ignorance to silence) I Peter 2:15 Day 7: Go overcome (the) Adversary's lie: (because he lied about you) John 8:44 Day 8: Go on and Love (For God is love) I John 4:10 Day 9: Go overcome a lock-out (a barrier that you haven't dealt with) I John 4:4 Day 10: Go out and look (at your Abrahamic blessings: God told him to look up) Genesis 15:5-6 Day 11: Get outraged at laziness (it robs you of your potential) Proverbs 6:10/24:33 Day 12: Get others anticipating largeness (you are a leader in this) I Corinthians 11:1 Day 13: Get others answering life (with vision and grace) | Peter 3: 15-16) Day 14: Get over a loss (you can sow again) Genesis 26:12 Day 15: Get over (it) and laugh (again) Philippians 4: 4-7 Day 16: Get over a lie (that the devil told about you) Revelation 12:11 Day 17: Get over a lover (that really means you no good) II Corinthians 6: 14-7: 1) Day 18: Give (to) others and lend (you are the lender not the borrower) Deuteronomy 28: 12 Day 19: Give (grace to) others and love (this fulfills the law of Christ) Romans 13:10 /James 2:8 Day 20: Give other a lesson (Your life is an open letter) II Corinthians 3:1-5 Day 21: Grant others agape love (It's a God thing to love right) I John 3:17 Day 22: (Take the) Grave (clothes) off (other) ailing lives (help them to live) Luke 5:17-20 Day 23: Going onward answering (the) Lord (because he has called you to life in Christ) | Peter 1:1-4 Day 24: Go on (and) advance leadership (with your vision: Habakkuk2: 1-3 Day 25: Go on and Lift (yourself up, you are a winner in this) Romans 8:37 Day 26: Give over above (the) line (you can go further than where you are now) Philippians 3: 13-15) Day 27: Go on and live (life to the full: You have not because you ask not) James 4:1-4 Day 28: Greet openly any loss (for Christ's sake..Count it all joy) James 1: 2-8 Day 29: Grant opportunities a license (to practice your faith) Hebrews 11:1 James 2:17 Day 30: Graduate over anger (and) lust. Ephesians 4:26 Romans 6:14 Galatians 5: 14-18